

33rd NATIONAL MILO MARATHON
 LAOAG CITY, ELIMINATION RUN
 Laoag City, Ilocos Norte, Philippines
 July 26, 2009 * 5:30 AM

AWARDS

21K MALE AWARDS

Place No.	Name	Age	S	21k	Pace
1	2256 REYNALDO PASCUA	39	M	1:15:54	3:37
2	2245 RANDY BASILIO	34	M	1:18:43	3:45
3	2204 RABIN DALOG	26	M	1:20:13	3:50
4	2244 RANDY BANABA	30	M	1:28:33	4:13
5	2278 FEDERICO CASIL	29	M	1:29:39	4:17
6	2271 VICENTE SARMIENTO	24	M	1:31:16	4:21
7	2237 RIZALDIE JUAN	27	M	1:32:02	4:23
8	2331 MAMDIAM FETALVERO		M	1:35:12	4:32
9	2330 NESTOR ROBIN		M	1:41:01	4:49
10	2274 RADEL PARCON	44	M	1:42:06	4:52

21K FEMALE AWARD

Place No.	Name	Age	S	21k	Pace
1	2277 VILMA BUTAC	24	F	1:52:53	5:23

10K MALE AWARDS

Place No.	Name	Age	S	10k	Pace
1	5868 JAMES GALO	26	M	35:43	3:35
2	6119 BELTRAN DALOG	29	M	36:49	3:41
3	5710 EDISON MELCHOR	20	M	37:02	3:43
4	5884 SABINO LOPEZ		M	38:46	3:53
5	5913 SILVER DACUYCUY		M	39:48	3:59
6	6133 ANTERO MELCHOR	19	M	40:04	4:01
7	6120 BARTOLOME BANABA	24	M	40:13	4:02
8	6174 MARK YAGO	25	M	41:25	4:09
9	5904 LARRY MANUEL	34	M	41:33	4:10
10	5919 REIGNBERT LAGUNDINO	20	M	43:32	4:22

10K FEMALE AWARDS

Place No.	Name	Age	S	10k	Pace
1	5757 ERLINDA CASPE	43	F	1:03:03	6:19
2	5843 MARBY BASILIO	21	F	1:06:43	6:41

5K MALE AWARDS

Place	No.	Name	Age	S	5k	Pace
1	51569	ROMERO DALOG	24	M	17:46	3:34
2	51023	JAYSON MELCHOR		M	17:59	3:36
3	51025	JAYSON PASCUAL		M	18:09	3:38
4	54969	JULIUS TORRANO	17	M	18:37	3:44
5	51491	JOHN CASUGAY	20	M	18:54	3:47
6	52500	JAY CALEGAN	23	M	19:12	3:51
7	54682	JHON DIZOL	17	M	19:42	3:57
8	55499	JEMMAR DALOG	18	M	19:52	3:59
9	54508	JAYLORD RETIALO	18	M	19:53	3:59
10	55061	WILBERT ABUNAGA		M	20:06	4:02

5K FEMALE AWARDS

Place	No.	Name	Age	S	5k	Pace
1	F69862	CRISTINA MELCHOR	13	F	22:09	4:26
2	57163	NHEMILYN DASILOG		F	23:39	4:44
3	F69863	MARICRIS MELCHOR	14	F	23:43	4:45
4	F86333	ESTHER GUIEB	16	F	27:29	5:30
5	57039	MARIE DE VERA	15	F	27:31	5:31
6	57389	IVY NICOLAS	13	F	28:27	5:42
7	58846	ARCELIE ARES	14	F	29:00	5:48
8	56211	JEMMA MACASINAG	15	F	29:09	5:50
9	58812	GLYNN MAARIE ANTONIO		F	30:07	6:02

3K AGE-GROUP RESULTS

_MALE AGE GROUP: 7 - 12

1	1	14367	GREG BAGAOISAN	11	14:34
2	2	14105	JASPER DAGAN	11	14:45
3	3	14034	ARIEL RIVERA	11	14:52
4	4	13963	VJ DELA CRUZ	12	15:06
5	5	14181	KENNETH BORRES	10	15:15
6	6	F13928	JOVEN IDICA	10	15:24
7	7	14062	JOSEPH ROSELL	11	15:53
8	8	F13927	MICHAEL ARELLANO	11	15:54
9	10	53079	ERNEST CARIAGA	10	16:04
10	11	13924	KEVIN SOR	11	16:16

_FEMALE AGE GROUP: 7 - 12

1	9	F13567	ANGEL GUIEB	12	16:01
2	19	F13797	ROVINA ACAL	10	16:50
3	22	F13665	JERLYN CABANTANGAN	12	17:05
4	26	F13798	FRANCES RESPICIO	10	17:12
5	29	F13807	KIMBERLY PARBO	11	17:22
6	30	F13501	KRIZZA MELCHOR	9	17:31
7	43	F13559	CHARITY GUIEB	8	18:29
8	51	F13809	MARIEL PERALTA	11	18:55
9	57	F13562	AUBREY CABEBE	10	19:37
10	60	14395	LYKA BUCAO	10	20:08

Inter School Team Running Competition

1. 11:01:19 DINGRAS NATIONAL HIGH SCHOOL (26:28)

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1	21:21	JAYSON CORRALES	14	28:28	JAMES AGUINALDO
2	22:11	MELCHOR FERNANDO	15	28:29	JAYLORD CARAANG
3	22:13	RAYMUND ANCHETA	16	28:30	JHON REOLA
4	22:26	FLOR ALEJO	17	28:31	ROMEL PIO
5	23:17	KEVIN MAAGHOP	18	28:39	MARK NARCISO
6	24:36	JOHN SANCHEZ	19	28:52	JAMES FERNANDO
7	24:37	ELIMAR RUMBAOA	20	28:54	BENZOLA VALENCIA
8	24:50	TEOFILO ANDRES	21	28:55	MELVIN CABRALES
9	24:58	JAYNARD TAGAMA	22	29:00	ARCELIE ARES
10	25:54	VIC MANLAPIG	23	29:03	BENEDICT PINZON
11	26:00	LLOYD ABARO	24	29:04	JERWIN MALINAO
12	26:01	ALDRICK RAMOS	25	29:11	MELVIN AGUIRAN
13	27:19	CHRISTIAN CRISTOBAL			

2. 11:15:18 ILOCOS NORTE NATIONAL HIGH SCHOOL (27:01)

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1	18:09	JAYSON PASCUAL	14	27:46	JHIM PASION
2	22:09	CRISTINA MELCHOR	15	29:09	JEMMA MACASINAG
3	22:26	KHEEN JERUSALEM	16	29:26	JOHN DALMAN
4	23:29	ANDREW LUIS	17	29:27	JAN TOLENTINO
5	23:43	MARICRIS MELCHOR	18	29:46	JOHN GRAMAJE
6	23:51	EIDLBERTO HIDALGO	19	30:10	RODEL CLEMENTE
7	24:09	MARCOS AMADOR	20	30:27	JEFFREY MATEO
8	24:33	JOHN SIMON	21	30:36	RUBIE BAUTISTA
9	24:38	SAMUEL GUIEB	22	30:42	ROBINSON SIMON
10	25:52	REILAN DIZOR	23	30:43	BILL ALFEREZ
11	27:09	RICHARD COLLADO	24	30:44	AROLD PEDRONAN
12	27:31	MARIE DE VERA	25	31:04	RONALD BARTOLOME
13	27:39	CHRISTIAN GARMA			

3. 11:49:55 SARAT NATIONAL HIGH SCHOOL (28:24)

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1	21:52	JUSTO ANDRES	14	29:28	JESSIE AGUN
2	23:02	CHRISTIAN QUETULA	15	29:50	DORDEE MELAQUI
3	24:51	ARJAY RUMBAOA	16	30:04	CHARLES BALLESTEROS
4	25:49	CHRISTIAN TAGACA	17	30:05	ALBERT MANIPOL
5	25:53	HAZEL RETONDO	18	30:07	KENNETH TAGACA
6	26:37	FREDDIE BALICOCO	19	30:26	MELVIN SALITAMOS
7	26:37	RJAY RAMOS	20	30:38	JAYSEN LAGUARDA
8	28:02	CARLOS PASCUA	21	30:40	ORLANDO GARCIA
9	28:16	REYMARK ROMERO	22	30:41	JASON GASMEÑA
10	28:22	KEVIN LEGASPI	23	30:49	ASHLEY AGTARAP
11	28:35	KARLO TAMAYO	24	30:50	JUSTIN SARMIENTO
12	28:38	EULYSES DE LA CUESTA	25	30:54	ALVIN RAROGAL
13	28:49	JOSEPH RUMBAOA			