

## West Visayas SSC Schedule

| Basketball     |   |
|----------------|---|
| Area           | Roxas City  |
| Venue          | Villareal Gym, Capiz Stadium  |
| Address        | Roxas City  |
| Schedule       | April 4-9 Mon-Sat (Levels 1, 2 and 3)   |
| Contact person | Mr. Ronnie Degala (0910) 375-8398   |
| Area           | Bacolod   |
| Venue          | St. John's Institute Activities Center  |
| Address        |   |
| Schedule       | April 11-16 Mon-Sat (Level 1,2 and 3)   |
| Contact person | Ms. Joane Soto-Solon (0917) 302-1077/Mr. Jed Soto (0917) 302-1971   |
|                | Sam's Gym 3rd Floor JTL Building, B.S Aquino Drive (034) 709-0076 or (0916) 244-8779  |
| Area           | Ilo-ilo City  |
| Venue          | Ilo-ilo Chinese Commercial High School  |
| Address        |   |
| Schedule       | May 2-7 Mon-Sat (Level 1-4)   |
| Contact person | Mr. David Recio (033) 509-0708 or (0920) 910-3729   |
| Swimming       |   |
| Area           | Ilo-Ilo   |
| Venue          | Ilo-Ilo Sports Complex  |
| Address        | Magsaysay St., La Paz Ilo-ilo City  |
| Schedule       | 1st Batch: March 21 to April (optional)<br>2nd Batch: April 8 to April 24<br>3rd Batch: April 25 to May 7<br>4th Batch: May 9 to May 21<br>5th Batch: May 23 to June 4<br>6th Batch: June 6 to June 18 (optional) |
| Contact person | Ms. Ninfa Tablan (033) 509-4974 or (0927) 464-0061/ Mr. Efren Tablan (0927) 351-7830  |
| Area           | Ilo-Ilo   |
| Venue          | Sarabia Manor   |
| Address        | General Luna St., Ilo-Ilo City  |
| Schedule       | 1st Batch: March 21 to April (optional)<br>2nd Batch: April 8 to April 24<br>3rd Batch: April 25 to May 7<br>4th Batch: May 9 to May 21<br>5th Batch: May 23 to June 4<br>6th Batch: June 6 to June 18 (optional) |
| Contact person | Mr. Dindo Espino (033) 321-0226 or (0918) 453-7473  |
| Tennis         |   |
| Area           | Negros Occidental   |
| Venue          | San Carlos Tennis Club  |
| Address        | San Carlos City, Negros Occidental  |
| Schedule       | Start April 4, 2011 (Starting 9am)  |
| Contact person | Mr. Kristopher Carmona (0918) 811-0200  |
| Karatedo       |   |
| Area           | Talisay   |
| Venue          | Sports Karatedo Organization (Talisay)  |
| Address        | San Isidro Victoria Village, Talisay City   |
| Schedule       | Friday and Saturday 6:00 PM- 8:30 PM  |
| Contact person | Mr. Jess Paredes (0919) 435-2841  |
| Tae Kwon Do    |   |
| Area           | Bacolod City  |
| Venue          | La Consolacion College  |
| Address        | LCC Main - Bacolod City   |
| Schedule       |   |
| Contact person | Mr. Frank Tortogo (0918) 625-8491   |

|                |  |
|----------------|--|
| Area           | Silay City   |
| Venue          | Hestia Silay   |
| Address        | Silay City   |
| Schedule       |  |
| Contact person | Mr. Anthony Hilado (0908) 413-8341   |
|                |  |
| Area           | Bacolod City   |
| Venue          | St. John Institute   |
| Address        | Bacolod City   |
| Schedule       |  |
| Contact person | Mr. Anthony Hilado (0908) 413-8341   |
|                |  |
| Area           | Bacolod  |
| Venue          | Crishar Bacolod  |
| Address        | O'smile Bldg. San Sebastian St. Bacolod City   |
| Schedule       |  |
| Contact person | Mr. Harny Tabuada (0909) 938-9541  |
|                |  |
| Area           | San Carlos City  |
| Venue          | Crishar San Carlos   |
| Address        | San Carlos City  |
| Schedule       |  |
| Contact person | Mr. Harny Tabuada (0909) 938-9541  |
|                |  |
| Area           | Bacolod City   |
| Venue          | Shape Up Studio  |
| Address        | Ramos St. , North Drive Bacolod City   |
| Schedule       |  |
| Contact person | Mr. Erwin Camara (0922) 845-7087   |
|                |  |
| Area           | Bacolod City   |
| Venue          | Hanah Tae Kwon Do  |
| Address        | 888 Chinatown Square Bacolod City  |
| Schedule       |  |
| Contact person | Mr.Vic Feria (0927) 991-1059   |
|                |  |
| Area           | Bacolod City   |
| Venue          | One on One Gym   |
| Address        | 10th St. Lacson, Bacolod City  |
| Schedule       |  |
| Contact person | Mr. Ric Relon (0906) 820-9789  |
|                |  |
| Area           | Manapla  |
| Venue          | Manapla Tae Kwon Do  |
| Address        | B-Gallo St. , Mun. Of Manapla  |
| Schedule       |  |
| Contact person | Mr. Ric Relon or Mr. Ben Jance (0906) 820-9789   |
|                |  |
| Area           | Ilo-ilo  |
| Venue          | 3rd District Tae Kwon Do Gym   |
| Address        | Calinog, Iloilo  |
| Schedule       |  |
| Contact person | Mr. Ben L. Capadosa (0939) 792-9556  |
|                |  |
| Area           | Antique  |
| Venue          | Antique Tae Kwon Do Training Center  |
| Address        | Carmenville Subd., San Jose, Antique   |
| Schedule       |  |
| Contact person | Mr. Michael Montinola (0919) 564-9336  |
|                |  |
| Area           | Capiz  |
| Venue          | Capiz Tae Kwon Do Main Gym (CATA)  |
| Address        | Villareal Stadium, Roxas City, Capiz   |
| Schedule       |  |
| Contact person | Mr. Joven O. Venancio or Mr. Adorico Venancio, Jr. (0918) 310-8862                             |
|                |  |
| Area           | Ilo-ilo  |
| Venue          | A. Diasnes Gym   |
| Address        | 226-B, Lopez Jaena St., Jaro, Iloilo City  |
| Schedule       |  |
| Contact person | Mr.Jun Diasnes / Tony Diasnes / Alan Diasnes (033)320-3992 / (0929) 544-6648 / (0908) 305-4563 |
|                |  |

|                          |   |
|--------------------------|---|
| Area                     | Capiz   |
| Venue                    | Roxcata Training Center   |
| Address                  | Villareal Stadium, Roxas City, Capiz  |
| Schedule                 |   |
| Contact person           | Mr. Teddy/ Mr. Hamil A. Abella (0920) 551-7665  |
|                          |   |
| Area                     | Ili-ilo City  |
| Venue                    | San Jose Catholic School  |
| Address                  | Plaza Libertad, Iloilo City   |
| Schedule                 |   |
| Contact person           | Mr. Ryan O. Dignadice (0906) 200-7760   |
|                          |   |
| Area                     | Ilo-ilo   |
| Venue                    | Sta. Barbara Covered Gym  |
| Address                  | Sta. Barbara, Ilo-ilo   |
| Schedule                 |   |
| Contact person           | Mr. Jose Tanalgo, Jr. (0926) 176-8004   |
|                          |   |
| Area                     | Ilo-ilo   |
| Venue                    | Sta. Barbara Train To Win Tae Kwon Do Gym   |
| Address                  | Sta. Barbara  |
| Schedule                 |   |
| Contact person           | Mr. Roberto Quiampang, Jr. (0910) 918-1787  |
|                          |   |
| Area                     | Antique   |
| Venue                    | Tibiao Tae Kwon Do Club   |
| Address                  | Tibiao, Antique   |
| Schedule                 |   |
| Contact person           | Ms. Elna Divina Garcia C. Nicavera (0919) 761-5545  |
|                          |   |
| Area                     | Ilo-ilo City  |
| Venue                    | West Visayas State University   |
| Address                  | La Paz, Ilo-ilo City  |
| Schedule                 |   |
| Contact person           | Mr. Richard Gabayoyo (0918) 392-4457  |
|                          |   |
| Area                     | Ilo-ilo City  |
| Venue                    | YMCA Tae Kwon Do  |
| Address                  | YMCA, Ilo-ilo City  |
| Schedule                 |   |
| Contact person           | Mr. Simplicio L. Grino, Jr. (0919) 790-8496   |
|                          |   |
| <b>Champions Academy</b> |   |
|                          |   |
| Area                     | Dumaguete   |
| Venue                    |   |
| Address                  | Dumaguete   |
| Schedule                 | 2nd Week of April 2011  |
| Contact person           | Mr. Jose Guiret (0919) 700-1783   |
| Sports offered           | Karatedo -Macias Sports Center, Dumaguete<br>Basketball -Dumaguete City Gym<br>Volleyball -Dumaguete City Gym<br>Soccer -Gov. Mariano F. Perdices Coliseum<br>Arnis -Dumagute Arnis Gym<br>Swimming -Lorenzon Teves Aqua Center<br>Batted Sports -Dumaguete City High School Fields<br>Lawn Tennis -Praxevilla Tennis Court |
|                          |   |
| Area                     | Ilo-ilo   |
| Venue                    | La Paz Plaza  |
| Address                  | Ilo-ilo   |
| Schedule                 | April 1-15, 2011  |
| Contact person           | Mr. Jojo Castro (0917) 720-0630   |
| Sports offered           | Arnis, Basketball, Football, Volleyball, Tennis, Tae Kwon Do, Chess   |
|                          |   |